

Career Story Reflection Sheet (End of Series)



This reflection helps students connect what they've learned about themselves.

Activity: Write the next chapter of your story. After completing a few of the character journeys, answer the following questions.



Part I: What Resonated with You

1. Which Journey (or character) did you connect with most, and why?
2. What parts of their story felt familiar to you, something you've experienced, or might like to experience someday?
3. What strengths or qualities did they show that you also see in yourself?

Part 2: What You Learned About Yourself

4. What new interests, skills, or possibilities did any the journey (any) help you notice?
5. Did anything surprise you about what you enjoyed or found meaningful?
6. What do you think this says about how you like to learn, create, or help others?

Career Theory Connection:

- *SCCT: Helps students link experiences to confidence and goal-setting.*
- *Krumboltz: Encourages learning from experiences and "planned happenstance."*
- *Super: Invites identity exploration through storytelling and life roles.*



7. If your life were a book, what would the title of your next chapter be?

8. What happens in this chapter? What are you learning, trying, or discovering about yourself?

10. What's one small action you could take this week to explore this interest further?

11. What might your future self thank you for starting now?

12. Optional: Draw or describe one symbol, image, or object that represents where you're headed next.

- *SCCT: Helps students link experiences to confidence and goal-setting.*
- *Krumboltz: Encourages learning from experiences and “planned happenstance.”*
- *Super: Invites identity exploration through storytelling and life roles.*